

Northwest Words

The Official Publication of *Northwestern Toastmasters* Club 2946/37

We meet each first, third, and fifth Tuesday, 6:30 PM - Mayberry's, 50 Miller Street, Winston-Salem, NC

OFFICERS (2009-2010)

| | | |
|---------------|-----------------------|--------------|
| President | Don Barnett, AC-B | 336 940-5486 |
| VP-Education | Craig Thrift CC/CL | 336 764-2024 |
| VP-Membership | Barbie Morgan CC | 336 813-5206 |
| VP-PR | John Clark, DTM/AL | 336 723-2153 |
| Secretary | Christa Neuhauser | 336 391-6695 |
| Treasurer | Marcia Barney, DTM/AL | 336 712-8183 |
| Sgt. at Arms | Jeff Walker, CC | 336 871-3636 |

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For more information
call **Marcia Barney** at
(336) 712-8183



The Mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which each member has the opportunity to develop and practice communication and leadership skills, which in turn foster self-confidence and personal growth.

That's the Way it Was - March 2, 2010

by **Christa Neuhauser** Secretary



President Don Barnett opened and led the business session. Marcia Barney reminded the members that the annual membership fees are due.

Christa Neuhauser offered to take portraits of the members for the NWTM web site. Last time's guest Norman Underwood attended the meeting again.

This was the first meeting of the *Improved Communication Seminar*. Toastmaster-of-the-meeting Marcia Barney chose the theme: "Let's Get Organized". She led the meeting throughout the evening, and incorporated how to organize a speech.

- 1) The *introduction* should be about 20% of the total speech, and should immediately grab the audience's attention.
- 2) The *body* should be half of the speech. This is where you have the opportunity to convey what you are trying to get across to the listener.
- 3) The *conclusion* needs to be a summary of the entire speech, as that's what stays in the listener's mind. Marcia encouraged using this section to get creative.

Wordmaster of the evening, Bob Lauwers, introduced the word: "*Ideology*," which stands for principles, thought or beliefs. The word was used several times.

Don Barnett was the Grammarian, Greg Jones the Timer, and Christa Neuhauser the Vote Counter. Table Topics Master Craig Thrift had a variety of topics:

- Nancy Wilson responded to the topic: speaking in front of an audience and how to master it.

- Christa Neuhauser discussed the common dread of public speaking, and how some people would rather die than talk in front of an audience.
- Jeff Walker talked about how he masters his speeches and controls his body language to eliminate tension. Brian Davidson shared with us how he takes the nervous edge off during his speeches, and how he makes the fear his friend.

The three prepared speeches for the evenings were :

§ Florian Neuhauser gave his fourth speech from the Competent Communication Manual, titled "*Two Weeks in Fiji*". He delivered a vivid presentation about his trip in the "underwater paradise", where he had the opportunity to visit several of the 300-plus islands of Fiji, away from the main tourist areas. He reflected on how different life on the islands was, and how no one seemed to be in a rush. The locals were very easy going – and were all on "*Fiji time*". Florian was evaluated by John Clark

§ Zoltan Rab talked about his experience as a "*World Citizen*". He was born and raised in Eastern Europe and moved to the United States as a young adult, where he became a U.S. citizen. He spoke about the importance of traveling, experiencing other cultures, and how it gives you insight into the lives of other people, while offering them an opportunity to understand your way of life as well. Zoltan was evaluated by Joel Schanker

§ Butch Barney gave an Educational Speech out of the Public Relations Manual titled: "*It's What you Say*". He pointed out that it's important that you say what you mean in your speech. Avoid words like: "sort of" or "you know", which leave the listener without a clear understanding of what you mean.

(Secretary report continued from page 1)

Butch's advice is to draw the picture with your words, so the listener can draw the picture in their head.

General Evaluator, Barbie Morgan, commented on the various parts of the meeting, which she rated as smooth and professional overall. Don Barnett's grammarian report was helpful.

The award winners of the evening were:

- Best Table Topic – Christa Neuhauser
- Best Speaker – Butch Barney
- Best Evaluator – Brian Davidson

Jeff Walker ended the evening with a joke. The president thanked the fellow Toastmasters for another productive session and adjourned.

ICS, Session two (by P. Fantum)

The second session of our Spring Improved Communications Seminar was held on March 9, 2010.

The prepared speakers were Bob Lauwers and Nancy Wilson. Both gave speech number two from the basic manual.

Thanks go to Mark Perew, DTM and Lance Kull, DTM for great educational presentations on "Use of Body Language" and "Use of Notes."

Meeting Roles Supplement

With each issue, we are including a definition of the various roles in a Toastmasters meeting. Feel free to print this role and keep it with your Toastmasters Notes. Because all roles are important, these roles are presented in alphabetical order. This issue contains the role of the Joke Master. Other roles described are:

- ü Evaluator
- ü General Evaluator
- ü Grammarian
- ü Joke Master
- ⇒ Speaker
- ✓ Table Topics Master
- ✓ Timer
- ✓ Toastmaster of the Meeting
- ✓ Vote Counter
- ✓ Word Master

These are also available on our award winning web site - www.NWTM.org or, if you like, talk to our Vice President of Public Relations, and ask for an embossed and personally autographed copy.

Dues Are Still Due

It is time for all Northwestern Toastmasters to commit to another 6 months of self-improvement. Please sent you check for \$31.50 to Treasurer Marcia Barney, DTM, 3501 Lakefield Court, Clemmons, NC 27012. Make checks payable to "Northwestern Toastmasters." If you'd prefer, you may bring check or cash to the meeting this Tuesday.

In democracy it's your vote that counts. In feudalism it's your count that votes.

There Really Are Heroes.

by Joel Schanker, DTM



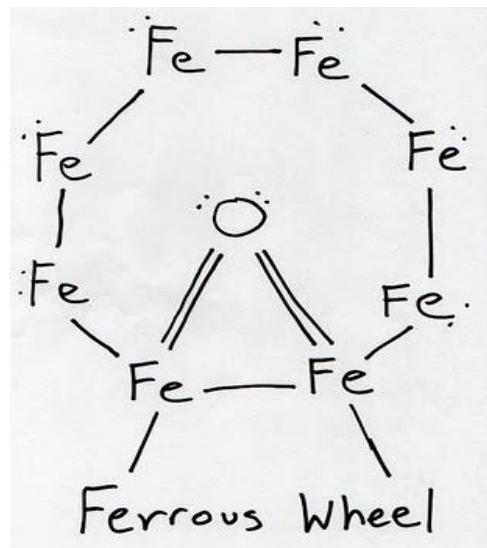
In the course of an evaluation of an Ice Breaker speech during a past session of the ICS, I used the word heroic in describing a person who stands in front of a group for the first time and speaks. I used the term again when

thanking members of the Civil Air Patrol who participated in a contest judged by John Clark, myself and other Toastmasters years ago. Two things come to mind immediately. Most people get amazingly uncomfortable when called heroic But more importantly, so many people display courage throughout their daily lives.

It struck me that all my life I have known of men and women who would pilot planes faster and higher than rational thought, or rush without pause into a burning building on the chance someone might still remain Yet these universally known heroes break out into stammers and sweat if asked to speak.

What makes someone brave to me is not their willingness to do that in which they excel. No, the pictures of courage that stick in my mind are those that haven't yet gotten comfortable; who walk down unknown paths; and who take those first stumbling steps IN PUBLIC! Yes, you who hang it all out for others to see, I salute you! You who get sick to your stomach, waiting to be introduced, I salute you! You who stand on trembling legs during table topics to stammer out your first impromptu speech, I salute you!

The hero is not the man in the tank who charges infantry or the woman at 35,000 feet who drops her bombs. The hero is the one who is willing to risk hurt and fear for a good cause. The hero will look the evaluator in the eye and think "Do your best because whatever you say will make me better and I deserve to be the best that I can be."



~~ Meeting Schedule ~~

Please Note: The Vice President of Education is continually adjusting the schedule to meet the requirements of the members. So, if you need to see the current schedule, contact our VP of ED (see the top of the newsletter for contact information.)

| Member | | 03 / 16 / 2010 | 03 / 30 / 2010 | 04 / 06 / 2010 | 04 / 20 / 2010 |
|-----------|------------------|-------------------|-------------------|----------------|----------------|
| Don | Barnett, AC-B | | | | |
| Butch | Barney, DTM | | Toastmaster | Chief Judge | |
| Marcia | Barney, DTM | Evaluator | Speaker | | |
| Ernst | Bonaparte | Speaker | Joke Master | | |
| Pam | Christopher, DTM | | | Club | |
| John | Clark, DTM | | Grammarians | Contest | |
| Brian | Davidson AC-S/CL | Table Topics | Speaker | Night | |
| Maurice | Derbez | | Vote Counter | | |
| Craig | Humphrey | | | | |
| Greg | Jones | Speaker | | | |
| Lance | Kull, DTM | Evaluator | Speaker | | |
| Bob | Lauwers | Timer | | | |
| Elizabeth | McKinney | | Word Master | Club | |
| Linda | Minney | | | Contest | |
| Barbie | Morgan, CC | Speaker | Evaluator | Night | |
| Christa | Neuhauser | Joke Master | Evaluator | | |
| Florian | Neuhauser | | | | |
| Mark | Perew, DTM | Evaluator | Evaluator | Timer | |
| Zoltan | Rab | | Evaluator | | |
| Madan | Rangabasyam | | | | |
| Barbara | Schanker, AC-S | Speaker | Timer | | |
| Joel | Schanker, DTM | Evaluator | General Evaluator | Toastmaster | |
| Craig | Thrift, CC/CL | General Evaluator | | | |
| Jeff | Walker, CC | Grammarians | Table Topics | Club | |
| Elaine | Wiles, CC-G | Toastmaster | Speaker | Contest | |
| Pam | Windley | Vote Counter | | Night | |
| Nancy | Wilson | Word Master | | | |

Remember: All roles are important! If you can not attend the meeting, then contact our VP of Education.

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 Northwestern Toastmasters  
 4270 Mill Creek Road  
 Winston-Salem, NC 27106

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## When You Are A Prepared Speaker - - -

The speakers are the stars for the meeting. They have the responsibility for entertaining, informing, persuading, or convincing the audience of some point of value. For themselves, the speakers have that golden opportunity to improve their speaking ability one-step-at-a-time; Speakers select their own topic and choose the amount of time they wish to speak. Speech times should be given in definite numbers of minutes (6 1/2 minutes, for example, not 5 to 7 minutes). The manuals have suggested times for each speech outlined which should serve as a guide.

Speakers can, and should, plan their speeches weeks or even months in advance. The Vice President of Education prepares a schedule that allows members ample time to work on their speeches. **A good speech does take planning, preparation, and practice** for even the most advanced speaker.

When the Toastmaster-of-the-Meeting calls or emails (a week prior to the scheduled speech), provide the title, manual speech number, and the time required for your speech. To be eligible for best speaker-of-the-meeting, the speech must be from one of the Communication and Leadership Program Manuals.

Should you be scheduled for a speech, but unable to attend, try to trade dates with a speaker scheduled for a later meeting. Contact the Vice President of Education as soon as possible with your information about the swap or dilemma. If the latter, ask for assistance in finding a replacement.

### **FILL-IN SPEECHES:**

If you would like to speak more frequently than scheduled in the regular rotation, please contact your Vice President of Education and ask to be placed on the fill-in speaker list. Fill-in speakers may have less than a week prior to a meeting notification, so have an extra speech ready when called.