

# Northwest Words

The Official Publication of *Northwestern Toastmasters* Club 2946/37

We meet each first, third, and fifth Tuesday, 6:30 PM - Mayberry's, 50 Miller Street, Winston-Salem, NC

## OFFICERS (2009-2010)

President	Don Barnett, AC-B	336 940-5486
VP-Education	Craig Thrift CC/CL	336 764-2024
VP-Membership	Barbie Morgan CC	336 813-5206
VP-PR	John Clark, DTM/AL	336 723-2153
Secretary	Christa Neuhauser	336 391-6695
Treasurer	Marcia Barney, DTM/AL	336 712-8183
Sgt. at Arms	Jeff Walker, CC	336 871-3636

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For more information  
call **Marcia Barney** at  
**(336) 712-8183**



***The Mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which each member has the opportunity to develop and practice communication and leadership skills, which in turn foster self-confidence and personal growth.***

## That's the Way it Was on August 18, 2009

by P. Fantum, asst. to the Secretary



President Don Barnett interrupted the business session for a standing ovation upon the entrance of our newest International Director Pam Christopher,

DTM. After congratulating Pam we got back to our usual efficiency. EVP Craig Thrift urged members to challenge themselves and improve by entering the September 2 Humorous Speech Contest. Treasurer Marcia Barney urged everyone to continue to be eligible to improve by paying their semi-annual dues of \$31.50.

After a short recess Don introduced Toastmaster-for-the-Meeting Craig Thrift who showed us how to maintain continuity of theme throughout a TM meeting. Craig's theme was "90 Minutes" and his warm-up was a project from the Advanced Interpretive Reading Manual. Wordmaster Greg Jones introduced "ductile", easily persuaded, and easily led, as the Word-for-the-Day. Table Topics Master Barbie Morgan gave topics to:

ü Joel Schanker said the happiest 90 minutes of his life was when he saw Barbara walk down the aisle. Those of us who have seen a wedding picture had no trouble believing him.

ü Lance Kull told us about his most painful 90 minutes when he seemingly flew through the air.

ü Greg Jones gave us some good ideas on where to go in 90 minutes.

ü Zoltan Rab talked about the possibilities for the last 90 minutes of life.

Jeff Walker served as timer. Butch Barney counted the votes. Prepared speeches were given by:

ü -Don Barnett evaluated Craig's Toastmaster Warm-up.

ü -Barbara Schanker "The Time is Now to Buy a Car" was #3 from the Advanced Public Relations Manual. Lance Kull evaluated the speech.

ü -Elaine Wiles gave #10 from the Basic CC Manual. "Keep Dreaming" was evaluated by Joel Schanker.

Zoltan Rab served as General Evaluator. Brian Davidson was the all-hearing Grammarian. John Clark told the Joke.

Overheard somewhere important: **The purpose of an evaluation is to help the speaker become a better speaker. The purpose of the General Evaluation is to make our meeting even better - including the evaluations.**

Winner were:

ü Best Table Topic - Joel Schanker

ü Best Evaluator - Don Barnett

ü Best Speaker - Elaine "The Little Train That Could" Wiles

See you September 1 - Come prepared to Laugh Out Loud.

## Dues Are Due

Every six months we get an opportunity to invest a few dollars in our self-improvement. This is one of those times! All NWTM members (except Zoltan Rab, Barbara Schanker, Joel Schanker, and Barbie Morgan who have already done so) should either bring their check (cash is acceptable, too) for \$31.50 to the September 1 meeting or mail it to Treasurer Marcia Barney, DTM, at 3501 Lakefield Court, Clemmons, NC 27012.

## Thoughts for the Day

"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do."

- Eleanor Roosevelt.

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the tradewinds in your sails. Explore. Dream. Discover!"

- Mark Twain

## Dream a Little Dream with Me



by Pam Christopher, DTM. ID

Do you remember the summer days of your youth? Sometimes we would just fall down in the warm, green grass thinking and dreaming about our future. Will I be a policeman? Will I be a movie star? What will my life's work be? Will I make lots of money? Will I live

in a big house?

Now that you are an adult, do you still dream? How do your dreams of yesterday compare to your dreams today? Have you achieved any of those dreams?

Every Toastmaster can have the experience of participating in one of our many speech competitions. Perhaps you have been waiting for the right situation at the right time.

The time is NOW! The annual Humorous Speech Contest will be first held at the club level. After that, the Area, Division, and then District competitions will take place. Are you dreaming of being a competitor in the contest? Stop the dreaming and sign up! It will be loads of fun!

Picture yourself "bouncing" to the lectern to begin your humorous speech! Listen to the imaginary audience clap loudly for you! Smile at the audience and prepare for laughter!

Get your mental picture ready and then add wings. You are ready to soar into the next speech contest! Have fun and learn from the experience. You will be so glad that you did!

## Random thoughts

When you go into court, you are putting yourself in the hands of twelve people, who weren't smart enough to get out of jury duty.

Politicians are the only people in the world who create problems and then campaign against them.

There are two theories to arguing with a woman. Neither one works.

The average woman would rather have beauty than brains because the average man can see better than he can think.

My wife and I married for better or worse. She couldn't do better. I couldn't do worse. (Note: This is my version.)

The only time the world beats a path to your door is when you're in the bathroom.

Nothing sucks more than that moment during an argument when you realize you're wrong.

## Example of Speaking Technique

Jeanne Robertson was a speaker at our 1998 spring conference. Here is a link to a video of her in action. Notice her effective use of pause and body language.

[http://www.youtube.com/watch?v=YFRUSTiFUs&feature=player\\_embedded](http://www.youtube.com/watch?v=YFRUSTiFUs&feature=player_embedded)

## A Ladder to Better Listening

- L Look at the person speaking to you
- A Ask Questions
- D Don't Interrupt (mentally or verbally)
- D Don't Change the subject
- E Empathize
- R Respond verbally and nonverbally



"Walking the dog, why?"

## Web Site Update

One of any Toastmasters fears is that that they will overlook a role when serving as Toastmaster of the Meeting or General Evaluator. Our kind and wonderful web master has created two pages (one for each role) that is a simple checklist. Simply copy each line and paste it into your notes at the appropriate place.

On our web site, [www.nwtm.org](http://www.nwtm.org), look for "Handouts that can help improve your Club" - then click on "Checklist For Meeting Roles" where you can select either Toastmaster or General Evaluator.

